

## Biodegradable Planting Pots - 2 Ways

### With Newspaper:

#### Supplies:

Newspaper

Scissors

A can (such as an old soup can)

Potting soil or dirt

Seeds of your choice



1. Take a sheet of newspaper and fold in thirds. Cut newspaper along the folds, in long strips (about 6 inches x 24 inches).
2. Take the can and place it at one end of the strip, making sure the newspaper is at least an inch longer than the can. Roll the can securely until all of the newspaper is wrapped around it. (Don't roll too tightly or it will be hard to remove the can).
3. Fold the edges of the newspaper that are sticking out down over the can. Turn the can over and press down firmly.
4. Pull out the can. (You can also fold the top in about  $\frac{1}{4}$  of an inch to create a rim for your pot).
5. Fill with potting soil or dirt, and plant seeds according to their directions.
6. Place in a tray to keep them stable, and water as directed. It is best to water with a spray bottle.
7. When you are ready to plant the seedlings into the ground, dig a hole that is big enough to fit your plant and cover around it with dirt. The newspaper will biodegrade within weeks.

### With Toilet Paper Rolls:

#### Supplies:

Toilet paper rolls

Scissors

Potting soil or dirt

Seeds of your choice



1. Cut toilet paper rolls in half for most seeds. If you are planting peas, corn or tomatoes leave the toilet paper rolls whole. (These vegetables need a longer root run).
2. To create a base, cut 4 inch-long strips at one end of the tube, at each corner of the roll (at 3:00, 6:00, 9:00, and 12:00)
3. Fold the flaps down like a box, alternating the flaps to create a strong, interlocking base.
4. Fill with potting soil, and plant seeds according to their directions.
5. Place toilet paper rolls in a tray to keep stable, and water the seeds as necessary.
6. When you are ready to plant, you can peel off the cardboard and plant in an appropriate size hole. (You can leave the seedlings in the cardboard roll, but they will take longer to rot down than newspaper).